

## **It's Here! You've GOT THIS!!**

IN TWO SENTENCES, record ONE or TWO important take-aways that makes sense to you or that you feel like YOU need to remember for Saturday or for the next time you take the test.

**Write in COMPLETE sentences!**

**Video 1: 24 Hours To Test Time! (4:49)**

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**Video 2: Best Test-Taking Strategies (3:00)**

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**Video 3: Tips for the Day Before the Test (4:56)**

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**Video 7: What to Pack for the ACT (4:23)**

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**Article: Brain Foods for the ACT**

**List the 5 foods you will eat and pack for breakfast and snack:**

- 1.
- 2.
- 3.
- 4.
- 5.